



# *FISH AS FOOD*

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*Communities, Conservation and Livelihoods, Halifax,  
Nova Scotia, May 30, 2018*





Community University  
Research Alliance

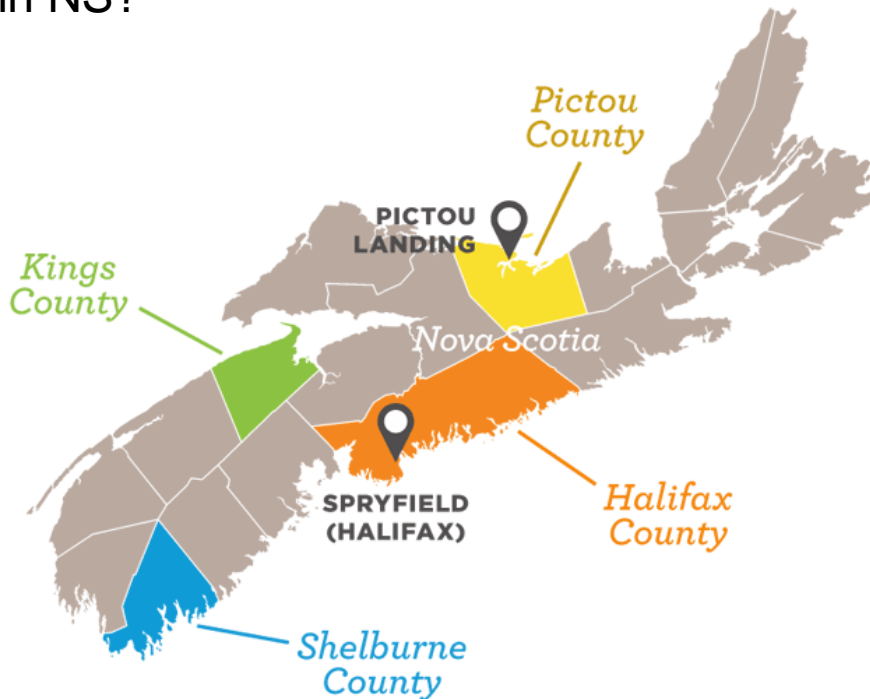
## Activating Change Together for Community Food Security

- Co-led by FoodARC and the NS Food Security Network.
- ~70 community, university and government partners in Nova Scotia, with national and international partners.
  - Represents approx. 150 individuals, including volunteers.
  - Plus, over 100 students in learning experiences.



# Participatory Community Food Security Assessments

What are the components of, and factors contributing to, community food security in NS?



- Community-led and implemented
- Mixed methods – 8 different methods to collect information on 10 indicators in each community
- Each community also explored one unique aspect

Most comprehensive provincial report on community food security in NS, with community reports.

# Eastern Shelburne County Our Lobster, Our Communities project

- 15 video-interviews with lobster industry stakeholders
- Aimed tell the story of the lobster industry from those within the industry, in the rural coastal communities of Eastern Shelburne County
- Thematic analysis, and in-depth video storyboarding
- Collaboration/participatory process with NSCC video production and Lobster advisory committee (Acadia, MSVU, ST. FX, EAC, community members)
- Created 15 min video, research report & 2-page summary





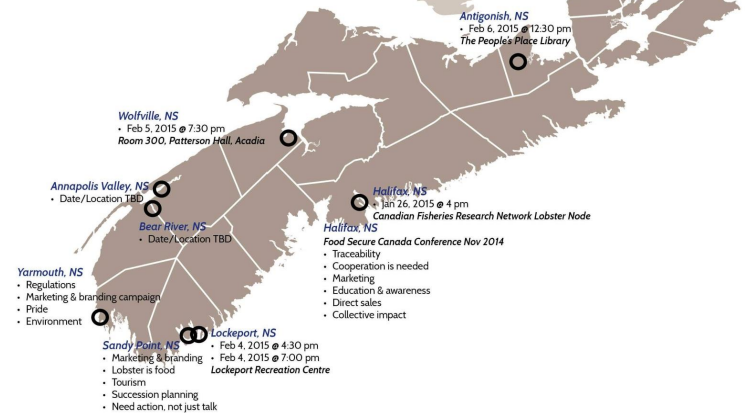
# OUR LOBSTER, OUR COMMUNITIES

*A participatory research report  
November 2014*



[FOODARC.CA/OURLOBSTER-OURCOMM](http://FOODARC.CA/OURLOBSTER-OURCOMM)

## Where we've been and what's coming up!



*You are invited...*

To the community launch of the 15 minute video:  
**"Our Lobster, Our Communities"**

**DATE and TIME:** Wednesday, February 4<sup>th</sup> – 4:30 p.m. and 7:00 p.m.

**LOCATION:** Lockeport Recreation Centre, Lockeport.

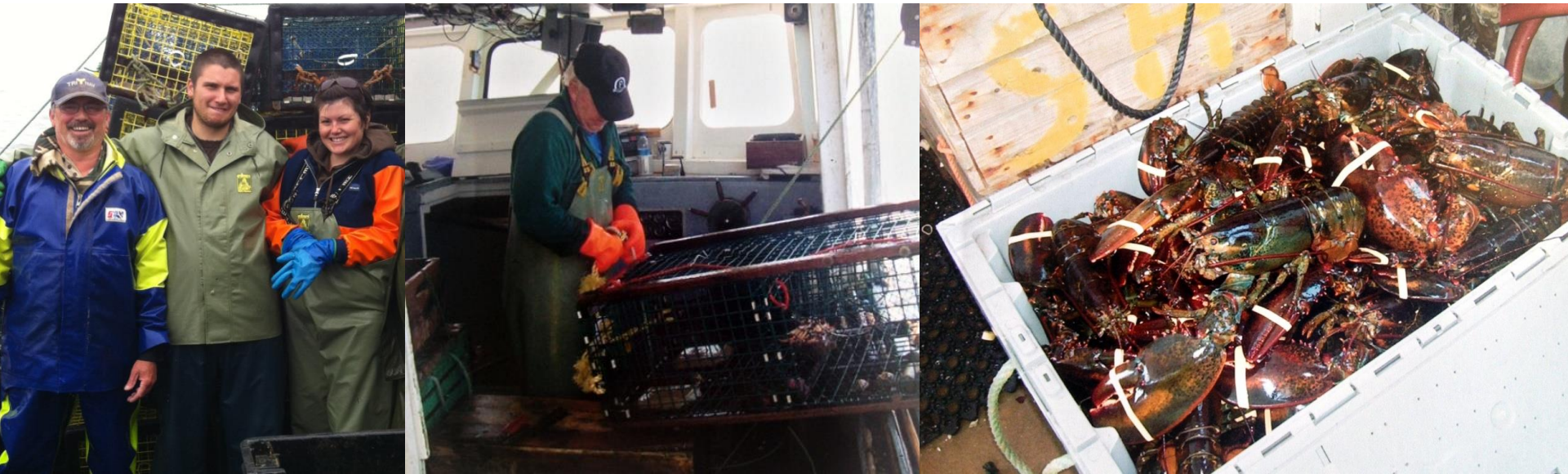
**DETAILS:** The 15 minute video will play followed by a community conversation on the issues and opportunities in the lobster industry and the sustainability of our rural communities. These conversations will be audiotaped for research purposes. Participants can come for the video and have the option to leave before the discussion begins.

**BACKGROUND:** As part of the Activating Change Together for Community Food Security research project 15 interviews were conducted with Eastern Shelburne County current and past harvesters, buyers, distributors, and processors, government officials, association members, and lobster industry stakeholders with over 400 years of collective experience. This engaging video is what they had to say.

**QUESTIONS? And RSVP:** Sheila Bird (x2013gts@stfx.ca/875-2623) Or would you like more information about the research:  
[www.foodarc.ca/ourlobster-ourcommunities](http://www.foodarc.ca/ourlobster-ourcommunities)



# Our Lobster, Our Communities Video





# Eastern Shelburne County



COMMUNITY PR



## Eastern Shelburne County **COMMUNITY FOOD SECURITY RESEARCH REPORT**

*A participatory action research project in partnership with Activating Change Together for Community food Security.*

*Contributing Authors: Dayle Eshelby, Emily Swim and Patricia Vanaman*

Produced by:

**Shelburne  
SEEDS**



This research is supported by the Social Sciences and Humanities Research Council.



Social Sciences and Humanities  
Research Council of Canada

Conseil de recherches en  
sciences humaines du Canada



# Community Conversations on Our Lobster: Our Communities (2015)

- Film screenings and community conversations as a knowledge mobilization and community engagement strategy.
- NSHRF Scotia Support funded research
- Research report, summary and video
- Aim: Creating possibilities for shifts in policy to support healthy, just, and sustainable

food for all



## Where we've been and what's coming up!





# Questions we explored

- Community Conversations:
  - What, if anything did you think was important from this video? What is the role of the lobster industry to the sustainability of our rural communities?
  - What are the issues and opportunities that we can work together on? What can we do together that we can't do alone?
  - How can this video be used to support change? And who needs to see it?
- Video and survey online
- Evaluation and publications

Shelburne SEEDS invites you to...

# OUR Food. Community. Voice.

## May 27 2014

Join us as we explore food security in our community informed by research completed over the past year by the ACT for Community Food Security team. Lend your voice, have great conversation, and enjoy local food.

- 2-4 pm:** Presentations and community conversation
- 4-6 pm:** Local food sampling, mingle, and photo exhibit
- 6-8 pm:** Presentations and community conversation

Bring a photo that represents what a culture of healthy, local food looks like to you and add it to our 'dream wall'.

### Anglican Parish Hall 29 Ann St., Shelburne

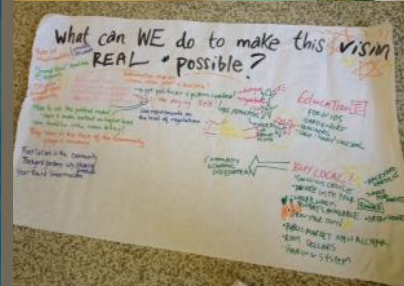
For more information, email: [Shelburneseeds@gmail.com](mailto:Shelburneseeds@gmail.com)

[www.foodarc.ca](http://www.foodarc.ca)



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Research Alliance  
**Activating Change Together  
for Community Food Security**

This research was supported by the Social  
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[www.sshrc-crsh.gc.ca](http://www.sshrc-crsh.gc.ca)





**WAVES OF CHANGE**  
**SUSTAINABLE FOOD FOR ALL**  
FOOD SECURE CANADA'S 8<sup>TH</sup> NATIONAL ASSEMBLY



Check out <http://foodsecurecanada.org>  
**#foodwaves**

# Putting Food First in Nova Scotia

(NSHRF KSSA Award 2015-2017)

- Aim: move Making Food Matter (2014) research on community food security to action through a series of participatory knowledge mobilization strategies targeting decision/policy-makers and knowledge users.
- Collaboration with the Depts of Health and Wellness & Agriculture and Aquaculture and Fisheries:
  - Proaction Café called at FSC 2014 conference; Briefing notes; meetings with each Minister, and follow up meetings with Directors and Policy Leads
  - Series of meetings and workshop with senior staff and community-based partners >> Working Group formed
  - Hosted 2 events (Mar 2016 & Jan 2017) ~80 people across province
  - Actions ongoing, Facebook page, [NS Local Food Shift](#) and [Blog](#)

# Putting Food First in Nova Scotia 2015-2016



Aim: to create a shift to more healthy, local and sustainable food in NS public institutions: e.g., March 2016 Event with Joshna Maharaj & local champions  
Funded by NSHRF Knowledge Sharing Support Award



# Successes & Challenges

## Opportunities

- Domestic Marketing of Lobster
- Amplifying moving the knowledge to action to support social and policy change
  - e.g. establishing an incubator for people to iteratively explore, experiment, and learn about how they can propel their work on local and healthy food procurement forward.



## Challenges

- Long process
- Tension between research objectives/deliverables & time to respond to opportunities
- Tracking policy impact
- Continued funding



# Thank you



## ▶ Contact information:

<http://foodarc.ca>

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- [FoodSecurity@msvu.ca](mailto:FoodSecurity@msvu.ca)

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