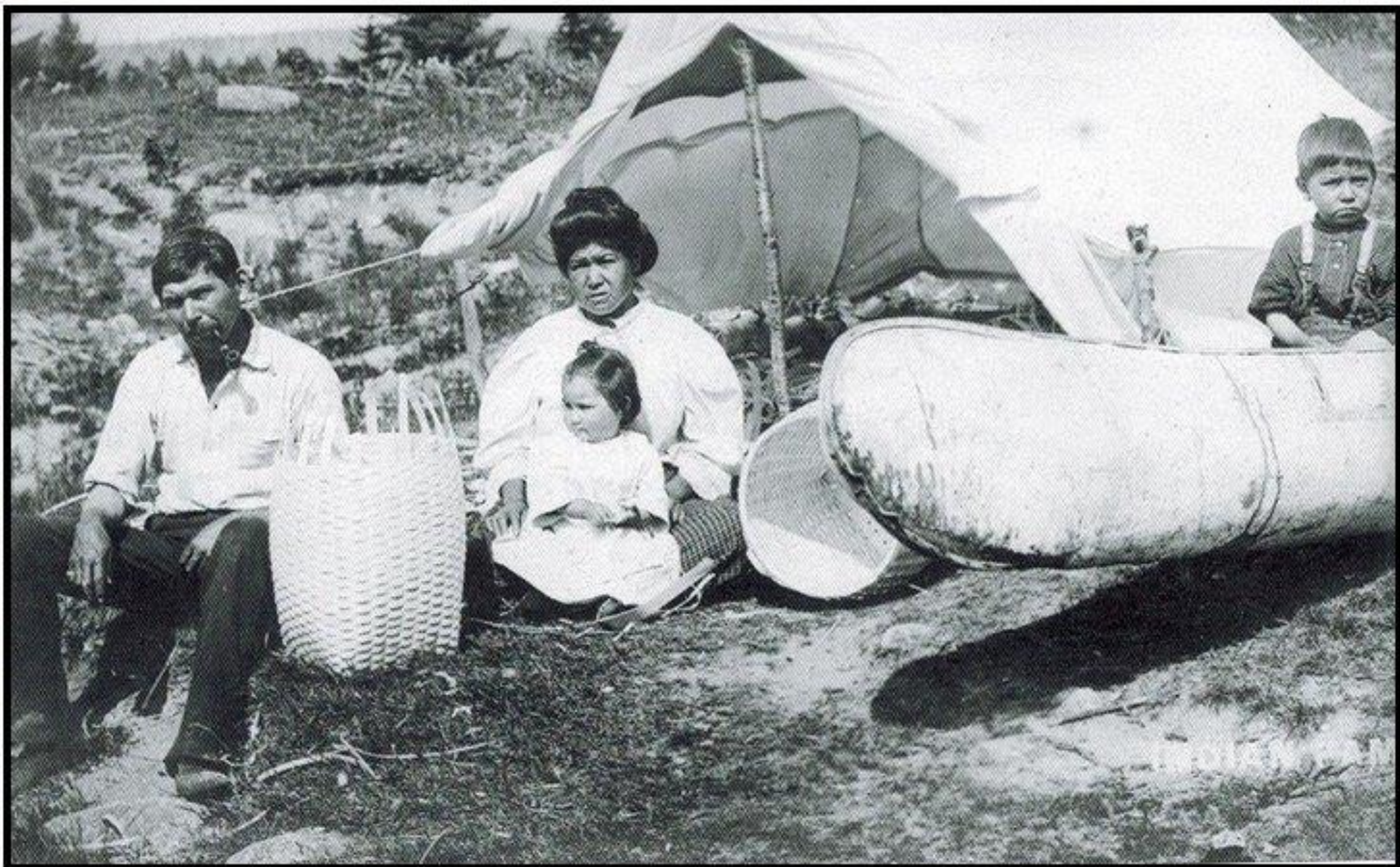


Celebrating Communities

Bear River First Nation

MI'KMA'KI HOMELANDS







Jim Harlow (Jungle, Pup 1950s)



Patricia Robar-Harlow (Daughter)



William Harlow (Grandson, 2014)



Opal Harlow (Granddaughter)







Bear River First Nation

Robert (Rob) McEwan, William (Bub) Harlow, Royden Messer, Jeffery Pictou, Anthony Meuse, Tommy Meuse, Josh Goucher, Nathan Meuse, Sherry Pictou

"NETUKULIMK"

Our Vision for a food and livelihood fishery is based on a long historical relationship to the natural world premised on respect and self-sufficiency to avoid hunger and sickness for all people. This relationship known in the Mi'kmaq language as "NETUKULIMK" reflects the interconnectedness of fishery, forestry, hunting and other traditional practices.

WHO WE ARE

The Bear River First Nation (BRFN) is known in the Mi'kmaq language as L'beduk or L' b'duk - "flowing along high rocks" and/or "water that cuts through" and is centrally located in one of the seven traditional hunting and fishing districts of the Mi'kmaq Nation known as Kespebelet (Lands End). The BRFN is a member of the Confederacy of Mainland Mi'kmaq

FOOD FISHERY



COMMUNAL HUNTING



Moving Forward Through Netukulimk

- Species are disappearing including those that were once part of our diet
- There is still hope for the future through our connection with the land
- Land is connected to local governance and decision making
- Treaty and aboriginal rights are interrelated to environmental issues
- Recognition of knowledge sources and understanding values of the community
- There are teachers in our community (Inter-generational learning)
- Understanding the importance of ecosystems and species e.g. clean water
- Re-introducing traditional food awareness in our community
- Communal hunting and fishing - importance of subsistence and livelihoods
- Fishing activities to understand the importance of habitat restoration
- Planting trees for future generations, learning about wild foods
- Creating alternatives (Environmental Movement, Treaty and Aboriginal Rights)

"A Living and Evolving History and Culture"



INTER-GENERATIONAL LEARNING



HISTORICAL AREA FOR HUNTING, FISHING AND GATHERING



Situated at the head of Bear River, traditionally the BRFN Mi'kmaq whole way of life was migratory and cyclical with seasons in which the Mi'kmaq hunted, fished and gathered food for subsistence. Today BRFN still continues to fish (food fishery), gather and hunt, (in a much smaller area) following and respecting the principles of Netukulimk.



HABITAT and STREAM RESTORATION PROJECT



Acknowledgements

Special thanks to: The Bear River First Nation Habitat and Stream Restoration team, Chief Carol D Thompson, Sherry Pictou and family, the BRFN community, Coastal CURA and Lisette Wilson. Photo Credits: William (Bub) Harlow (inter-generational learning), BRFN Habitat & Stream Restoration Team (Hunting, Habitat and Stream Restoration), Sherry Pictou (Fishing), Lisette Wilson (Food fishery)

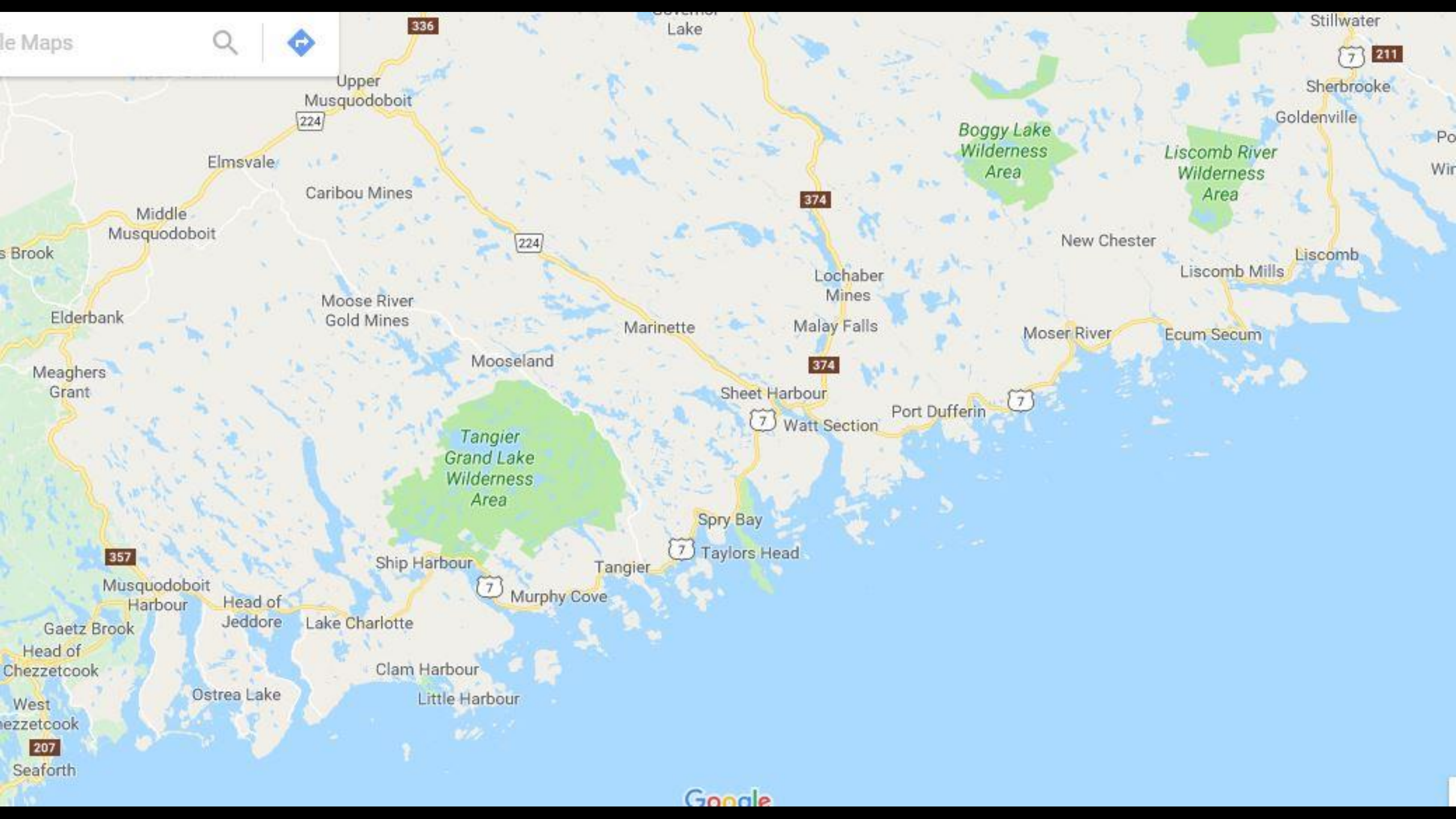
CONTACT: The Bear River First Nation, 130 Reservation Road, P.O. Box 210, Bear River NS B0S 1B0. Phone: (902) 467-3802; Fax: (902) 467-4143







Sheet Harbour







The Henley House
Events
OPEN AT NOON
WED TO SUN
LIVE MUSIC 19
Phone 855-3333
22478

The Henley House
Pub
and
Restaurant

22478

The Henley House

FAIRWINDS



PUBLIC LIBRARY

OPEN









Eskasoni

Eskasoni First Nation









Inama'ki
Training & Education Centre

4551

4551





ACCESS
Youth Space







Spryfield



Spryfield
Village.ca

LONG LAKE PARK

CLEAN UP DAY

SAT APRIL 14 9AM-12PM

FREE REFRESHMENTS



Spryfield
Business Commission

OUR MISSION

*"To Advocate the Interests of
Local Businesses in Building
a Stronger Community."*

OUR VISION

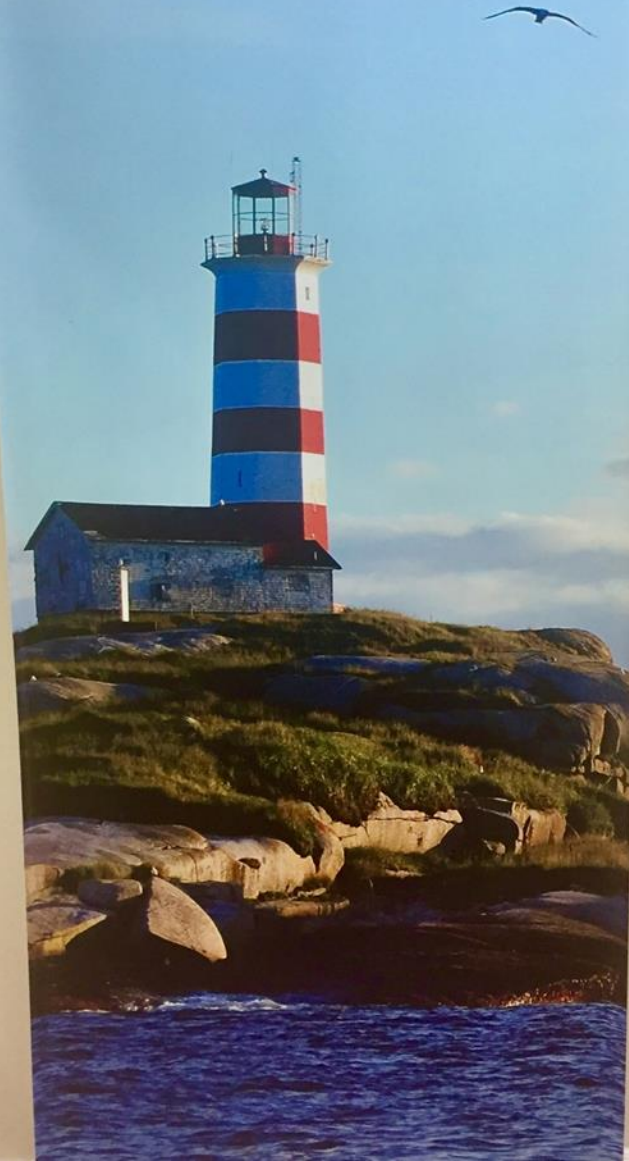
*"To Create a Safe Welcoming Place
to Live, Shop, Work and Play."*

*"To Provide An All Encompassing
Business District With a Unique Mix
of Retail, Services and Hospitality."*

*"To Ensure a Growing Residential
Community that Appeals to People of
all Ages, Backgrounds and Interests."*



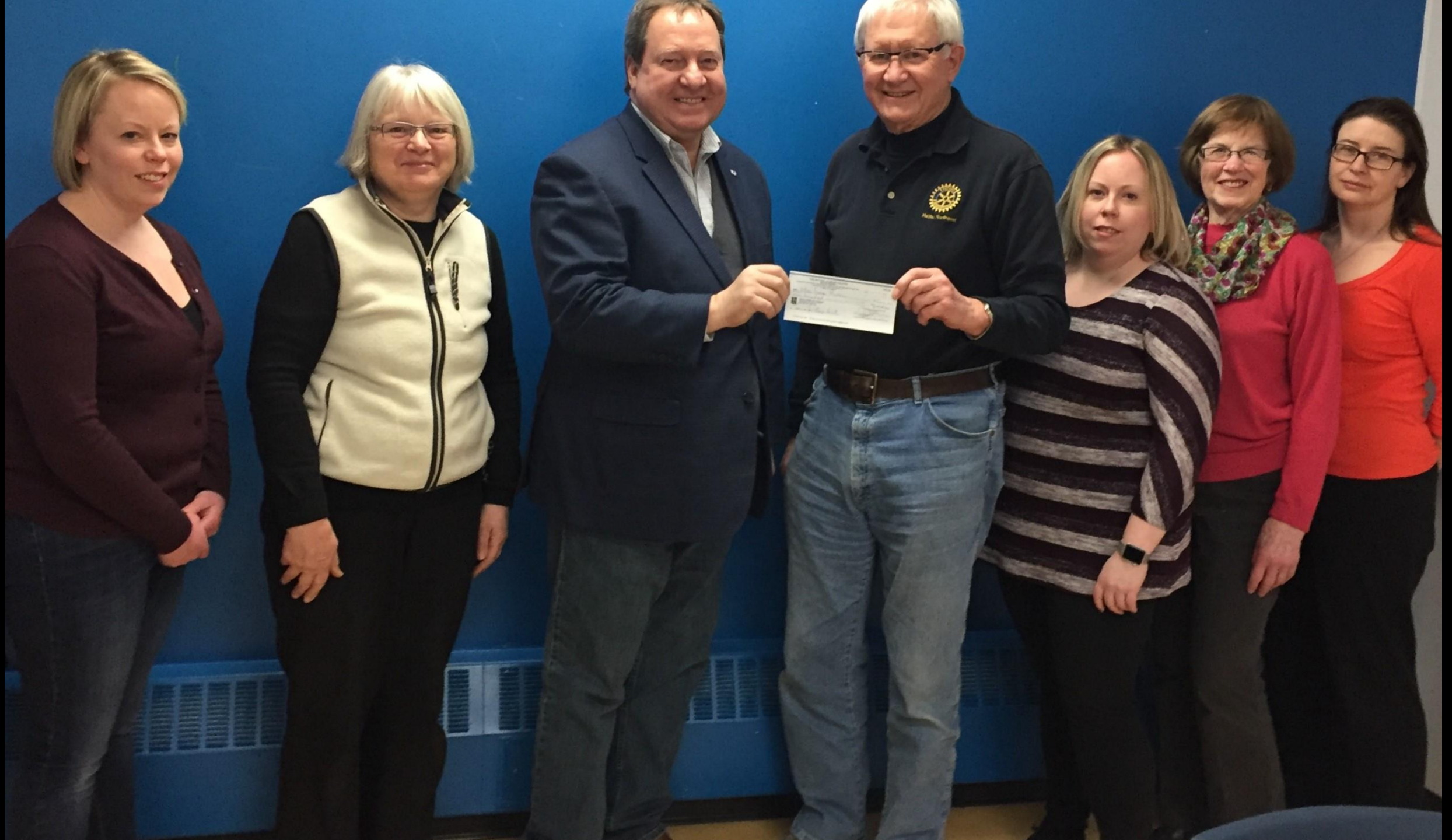
Spryfield
Business Commission





NO PARKING
FIRE LANE
TOW AWAY ZONE

Welcome to This Space
Teo
Captain William Spry
Community
Recreation Centre





LONG LAKE



NOVA SCOTIA



W TRA
-Site Parki